

THE POWER OF WINNING TOGETHER

WEDNESDAY, MARCH 8, 2023 - AUTRY TECHNOLOGY CENTER SPRING LEADERSHIP CONFERENCE AGENDA

8:30-8:45am Welcome

Dwight R. Hughes, Superintendent/CEO, Autry Technology Center

8:45-9:30am "Naked and Afraid': Life-Changing Lessons from the Colombian Jungle

Jeremy Upshaw (Represented Enid - Season 10, Discovery's "Naked & Afraid")

9:30-9:45am Break

9:45-10:45am Communicating to Control the Outcome

Joshua Conaway, Assistant City Attorney for City of Enid

10:45-11:00am Door Prizes - Gift Cards/Gift Baskets

11:00-Noon Lunch/Business Meeting

Lunch provided by El Patio

Non-members will attend a new orientation meeting during the Support Staff Business Meeting

12:00-12:45pm Resilience Training

Kristin Brown, Resilience Training Assistant (RTA)

12:45-1:00pm Travel to Session One/Break

1:00-3:00pm Breakout Sessions (Choose (2) 45-min options)

Breakout EDU - Using a variety of escape room-style activities, BreakoutEDU teaches critical thinking, teamwork, and communication in a fun and immersive environment. Bring your problem-solving skills and see if you can help your group uncover the secret to success. (Limited Spaces Available)

Stress Relief Techniques - Stress relief techniques offer you an opportunity to experience simple practices that have been shown to effectively reduce stress and anxiety. Many of these practices can be used in the workplace, while others can be used at home to promote longer lasting states of peace.

SIAFF



1:00-3:00pm

Breakout Sessions (Choose (two) 45-min options) cont.

Power of Attorney/Advanced Directives - Power of Attorney - Attorney, Craig Riffel will discuss the changes in Oklahoma statues regarding Power of Attorney and make sure you are protected in your time of need.

Self-Defense - Self-defense training not only helps you protect yourself, but it also boosts your confidence and self-esteem. This condensed seminar will introduce students to basic techniques to keep yourself safe. Taught by Jeanelle Hebert, owner and lead instructor at Rebellion Martial Arts in Ada. Outside of her passion for martial arts, Jeanelle is also a Certified Peace Officer working for the State of Oklahoma and for several years served as the Lead Defensive Tactics Instructor for the State Police Academy (CLEET).

Leading from any Position - As soon as you begin a military career, you become a leader to somebody else. Whether that means taking command of a group, leading peers, or influencing higher-ups, each person plays a role in the overall mission and has the responsibility to lead. Let our instructor, Lt. Col. Stuart Fillmore of the US Air Force, connect his military experience to your role in the corporate - and education - world.

How to use Canva- Not everyone is a graphic designer, but with Canva® it's easy to look like you are. Whether you're assisting a small business team, an entrepreneur doing it all or if you're simply interested in creating presentations, handouts and graphics that pop, Canva® this introductory class will provide the best tips and tricks to get started!

1:00-1:45pm Breakout Session - Choice One

1:45-2:00pm Travel to Session Two/Break

2:00-2:45pm Breakout Session - Choice Two

2:45-3:00pm Travel to Lectorium/Break

3:00-3:30pm Closing Remarks/Final Door Prizes

